

# Jetty Island Sandblasters Nature Camp 2016

Dear Parents,

Welcome and thank you for choosing to send your child to Sandblasters Nature Camp on Jetty Island. Our goal is to provide a safe, healthy, fun, creative and educational camp experience. We will explore the Jetty's unique ecosystems and gain a greater appreciation for nature. Activities will include educational programs, nature walks, beach time, water play and arts and crafts. Our staff work hard to create an environment conducive to making new friends and having fun while learning about Jetty Island. If you have questions, concerns or special requests please contact me in the morning before we depart for the jetty or in the afternoon when the campers return to the mainland. If you have an emergency and need to contact us during camp, please call the Jetty Kiosk at 425-257-8304.

## **Please send with your camper the following everyday:**

- Sack lunch - an ice pack in the lunch is recommended since there is no refrigeration on the island
- Water bottle - **a great tip is to freeze two inches of water in the bottle overnight to keep drinks cool**
- Swimsuit, towel, sunscreen- Please wear swimsuit under clothes, as changing accommodations are limited
- Light jacket or sweatshirt
- Sturdy, comfortable walking shoes
- A hat and sunglasses
- Daypack - to carry belongings in. Please label your child's belongings to aid us in returning lost and found items.
- Sunscreen - Please apply sunscreen before camp, and send additional sunscreen with your child. If sunscreen is not provided for your child and the staff feel it is necessary to add more due to weather we will do so with our own generic sunscreen. If you do not wish for the staff to apply our sunscreen please see the Camp Director.

## **Please have your child ready to meet the following expectations:**

- **Be polite and courteous** – aggressive behavior, bullying, name calling, teasing etc. are not appropriate behaviors
- **Be ready to learn** – recreation and beach/water play time is included but we take education seriously!
- **Be ready to try new things** – every day is an adventure on Jetty Island.
- **Be organized and attentive** – knowing where your shoes (towel, lunch, etc.) are helps camp run smoothly.
- **Be safe, listen to directions** – docks, water/currents, driftwood, camp fires and other potential hazards exists. Safety is our highest concern.

A completed **Sandblasters Nature Camp Information Form** is required at check-in the first day of camp. **Please note that we must have this form before your child can participate in the Sandblasters Nature Camp.**

The staff will meet the campers at the Jetty Island Kiosk between 9:30-9:45, our ferry leaves at 10:00 AM. We will be returning on the 4:45 ferry for the parent pick up at the Jetty Island Kiosk at the 10<sup>th</sup> St. Boat Launch and Marine Park. In addition to a personal check-in each morning, an authorized parent or other pre-approved person must sign out your child each evening by 5:00 PM. In the event of heavy rain the Jetty Island will be closed and the bad weather plan will go into effect. Start and ending times and locations will remain the same and parent sign-out expectations will be maintained.

With your help, Sandblasters Nature Camp will be a great experience for everyone. We look forward to meeting you soon!

Sincerely,

Jetty Island Sandblasters Nature Camp Director

## 2016 Sandblasters Medical Information and Hold Harmless

**Return to: Everett Parks and Recreation, 802 E. Mukilteo Blvd, Everett WA 98203**

This form **must be signed by a parent or guardian.** The information will be used to assist the staff in meeting your child's needs.

Camper's Name: _____		Birth Date: _____		Camper Age: _____	
First		Last			
Male <input type="checkbox"/>	Female <input type="checkbox"/>	New Camper <input type="checkbox"/>	Returning Camper <input type="checkbox"/>		
Parent/Guardian: _____					
Camper Address: _____					
City: _____		State: _____		Zip Code: _____	
Home Phone: (____) _____		Work Phone: (____) _____			
Cell Phone: (____) _____		Cell phone: (____) _____			
EMERGENCY CONTACT (if not able to reach parent/guardian)					

Name	Relationship
Home Phone: (____) _____	Work Phone: (____) _____

Please list anyone other than those named above who may pick up your child from camp. **(Only those named on this form will be allowed to leave with your child unless you personally speak to a staff member and leave a written permission slip.)**

Name	Relationship	Phone

### Medication

Participants must be able to take their own medication while at Camp. **If medication is required during Camp hours, a Medication Information and Waiver form must be signed and returned.**

Send me a copy of your medication policy and Medication Information and Waiver Form.  Yes  No

Please **list all** medications your child is **currently** taking:

Medicine type: \_\_\_\_\_ Dosage and **times** taken: \_\_\_\_\_

Does medicine create side effect? Yes:  No:  If Yes, please explain: \_\_\_\_\_

Medicine type: \_\_\_\_\_ Dosage and **times** taken: \_\_\_\_\_

Does medicine create side effect? Yes:  No:  If Yes, please explain: \_\_\_\_\_

### ALLERGIES (Pollen, Insect, Drug, Food, etc.)

List: \_\_\_\_\_

Reaction: \_\_\_\_\_

Treatment: \_\_\_\_\_

### General Questions

- |  |                          |                          |   |                          |                          |
|--|--------------------------|--------------------------|---|--------------------------|--------------------------|
| Does/has the camper:                                     | Yes                      | No                       |   | Yes                      | No                       |
| 1. Had any recent injury, illness or infectious disease? | <input type="checkbox"/> | <input type="checkbox"/> | 5. Ever been dizzy during or after exercise?        | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have diabetes?  | <input type="checkbox"/> | <input type="checkbox"/> | 6. Ever had seizures?                               | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Have a heart condition?                               | <input type="checkbox"/> | <input type="checkbox"/> | 7. Have asthma?                                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Vision or hearing impaired?                           | <input type="checkbox"/> | <input type="checkbox"/> | 8. Is your child at risk of harming self or others? | <input type="checkbox"/> | <input type="checkbox"/> |

Please explain any "yes" answers, noting number of the questions or add any other relevant medical information:

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Doctor's Name \_\_\_\_\_ Phone \_\_\_\_\_

Doctor's Address \_\_\_\_\_ City \_\_\_\_\_

**Special Interests**

Can camper swim? Yes  No  (We will be wading only, please send or request a lifejacket for your child if you feel it is needed)

What are child's favorite activities?

Additional comments and important information (helpful suggestions about interests, difficulties, etc.).

What do you expect your child to gain from this camp experience?

Please check the camp session(s) the above information will apply to:

- Session 1: Ages 6-8; July 11-15; Mon-Fri; 9:45 am-4:45 pm
- Session 2: Ages 8-10; July 18-22; Mon-Fri; 9:45 am-4:45 pm
- Session 3: Ages 7-9; July 25-29; Mon-Fri; 9:45 am-4:45 pm
- Session 4: Ages 6-8; August 1-5; Mon-Fri; 9:45 am-4:45 pm
- Session 5: Ages 7-9; August 8-12; Mon-Fri; 9:45 am-4:45 pm
- Session 6: Ages 8-10; August 15-19; Mon-Fri; 9:45-4:45 pm
- Session 7: Ages 6-8; August 22-26; Mon-Fri; 9:45-4:45 pm

★ T-SHIRT SIZE \_\_\_\_\_  
(Med, Lg, XL)

I understand that the Camp Director will meet the campers at the Jetty Office located at the 10th Street Boat Launch at 9:45 am, and that they will be riding the 10:00 am ferry over. The campers will catch the 4:45 pm ferry from the Island, and arrive back to the Jetty Office by **5:00 pm for pick-up**.

**CAUTION! PLEASE READ CAREFULLY. WAIVER OF LIABILITY/RELEASE:**

To the fullest extent permitted by law, in consideration of the City of Everett granting my child the opportunity of attending or participating in the Everett Parks Day Camp Program for the purpose of leisure enjoyment; and recognizing the fact that no benefits are derived by the City of Everett by allowing my child to attend or participate, I hereby release and hold harmless the City of Everett, its officers, employees, agents and volunteers from any and all liability claims, damages, costs, and expenses for both personal injury and/or property damage which may arise as a result of my child's participation in the program. I agree to assume all risks associated with the program. In case of any emergency, and you are unable to contact me/us and/or you believe it is necessary to obtain the services of a doctor and/or hospital without first contacting me/us, I hereby authorize you and my doctor or hospital to immediately render all services and treatment deemed necessary at my/our expense. I believe this child is not at risk of harming him/herself or others while in attendance in this day camp program.

I certify that the above information is true, correct, and complete. I understand that my child may become ineligible for any misrepresentations, falsifications or omissions in the above statements.

I have read, understood, and voluntarily accepted the conditions of the Waiver of Liability/Release printed above.

★ \_\_\_\_\_  
Signature of Parent/Guardian Date

PHOTO/VIDEO RELEASE: I hereby grant permission and authorize the City of Everett to use, publish, copyright, and re-publish my photography of my child's photograph/video, in whole or in part, unchanged or modified, in all media that exists now or later, for purposes of promoting, describing and advertising City facilities and events and programs sponsored by the City of Everett. I also release and waive any and all claims against the City for such use, publication and re-publication.

I have read, understood, and voluntarily accepted the conditions of the Photo/Video Release printed above.

★ \_\_\_\_\_  
Signature of Parent/Guardian Date

# Bad Weather Back-Up Plan for Sandblasters Nature Camp



**In the spirit of the Sandblaster Nature camp we will not cancel due to inclement weather! If the island is closed for the day, the camp will relocate to another venue.** Transportation will be via Everett Park vans driven by the Nature Camp staff. If your child uses a booster seat, please bring it to the van and assist with properly securing the seat.

Here are some options we use on a full day closure:

- Forest Park – swim center, animal farm and use of picnic shelter and covered spaces
- Silver Lake city beach – canoes, kayaks, disc golf, nature woods walks, fishing
- Cama Beach State Park – rocky shore, hiking, fire pit, Center for Wooden boats

**We will go to the island every day the island is open; so if it looks drizzly, please send a rain coat or extra warm clothes.** If there is a closure after we arrive on the island, we will go on a boat cruise or stay under our covered area and do our programs there.

These options are not all-inclusive, and a final plan will be provided at 9:45 at the Jetty Island Kiosk. Please send a swimsuit and towel as we can swim at the Forest Park Swim Center

While rainy weather can bring challenges, there are lots of activities and programs for us to explore and have fun with.

We look forward to having a great week!

# Sandblaster Day Camp

**Please note: this is a sample schedule and you will receive a specific schedule Monday morning! Activities and Crafts change weekly.**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>Theme: the animals of Jetty Island</b></p> <p><b>9:30-9:45-</b> Meet at Kiosk for a fun day!  <b>10:00-</b>Ferry leaves  <b>10:05-11:00-</b>Arrive on island- handout shirts, go over rules, make name tags, days schedule, name game, start glue art craft  <b>11:00-12:00-</b>Hug a Bug  <b>12:00-1:00-</b>Clean up for lunch, lunch  <b>1:00-2:15-</b>mudflat safari river side, bay side. Water play  <b>2:15-</b>Return to headquarters, get swim stuff, bathroom  <b>2:30-3:30-</b>Swimming</p>	<p><b>Theme: Fishy Fishy</b></p> <p><b>9:30-9:45-</b> Meet at Kiosk for another great day!  <b>10:00-</b>Ferry leaves  <b>10:15-11:00-</b> Nature walk  <b>11:00-12:00-</b>Salmon  <b>12:00-1:00-</b>Clean up for lunch, lunch  <b>1:15-</b>Walk towards the South end, Water play  <b>3:15-</b>Back to headquarters  <b>3:30-</b>bathroom, Snack, craft-visors, journals  <b>4:40-</b>Be in line at Ferry~!  <b>4:45-</b> Return boat to 10<sup>th</sup> St.</p>	<p><b>Theme: the biggest mammals in the sea</b></p> <p><b>9:30-9:45-</b> Meet at Kiosk for a spectacular day!  <b>10:00-</b>Ferry leaves  <b>10:15-11:00-</b>explore the river side, walk down on river side  <b>11:00-12:00-</b>Whale of a time  <b>12:00-1:00-</b> Clean up for lunch, lunch  <b>1:15-</b> Lagoon walk, walk to berm, Water play  <b>3:15-</b>Back to headquarters  <b>3:30-</b>Bathroom, snack, craft-rain sticks, journals  <b>4:40-</b>Be in line at Ferry~!  <b>4:45-</b> Return boat to</p>	<p><b>Field trip day</b></p> <p><b>Field trip- Cama Beach State Park</b></p> <p><b>~ bring your booster seats if your child uses them.</b></p> <p><b>9:30-9:45-</b> Meet at Kiosk for a day in the sun!  <b>4:45-5:00-</b>Return to jetty kiosk for parent pick up</p>	<p><b>Theme: A day of fun and friends</b></p> <p><b>9:30-9:45-</b> Meet at Kiosk for a wonderful day!  <b>10:00-</b> Ferry leaves  <b>10:15-</b>Journals from Thursday, craft-sand painting, scavenger hunt, game  <b>12:00-</b>lunch, get ready for north end walk  <b>1:00:</b> Walk to the North end  <b>4:00-4:15-</b>Return from North end  <b>4:15-</b>Clean up, sum up week  <b>4:40-</b>Be in line at Ferry~!  <b>4:45-</b>Return boat to mainland</p>